



A Ministry of Lutheran Church of Our Savior
1040 Patterson Road, Santa Maria, CA 93455
(805) 938-5121 Facility # 426207603

"LIFTING THE HEARTS OF TODAY'S YOUTH TO KNOWING GOD'S LOVE"

UPWARD BOUND PARENT INFO PACKET

Our Philosophy & Goals

Upward Bound Preschool ministers to each child as a whole person. We provide a developmentally appropriate environment in which each child can grow physically, intellectually, emotionally, socially and spiritually at his/her own pace. Each child is a unique gift from God and we strive to provide a safe and nurturing place where he/she can develop a positive self-image and explore and discover, building their skills to lead a fulfilled and happy life.

We believe our job is to provide the opportunity for children to learn about themselves and the world around us through Bible stories, art, science, dramatic play, literature, music, and social interaction with peers. We feel it is necessary to challenge the mind, spirit, and body to develop a well-rounded person.

Our teachers do a wonderful job at preparing children for kindergarten. Through the use of story time, exploring numbers, letters, and phonetic sounds, your children will be more than ready to move on to the next educational level.

We believe the Bible is the Word of God. By following its principles, we can live a life of fulfillment with a relationship with the Heavenly Father, His Son, and the Holy Spirit, which in turn influences our relationships with others. Therefore, we feel it is our obligation to teach truths found in the Bible and the love of our Savior, Jesus Christ, through stories, music, and example.

Our Staff

At Upward Bound Preschool, we have been blessed with a wonderful group of loving experienced teachers. We also have a very low turnover rate, some of our teachers have been with us for over 14 years! At Upward Bound, our teachers will care deeply for your child and work with them as individuals to meet their needs.

Contact Info

Website: www.lcos.net/preschool

Email: upwardbound.lcos@gmail.com

Phone: (805) 938-5121

Fax: (805) 937-2107

Rates (In days per week with cost per month)

	<u>2 days</u>	<u>3 days</u>	<u>4 days</u>	<u>5 days</u>
HALF DAYS (7:00am – 12:00pm)	\$340	\$440	\$565	\$695
FULL DAYS (7:00am – 5:15pm)	\$440	\$575	\$730	\$875

Extra day rates: Half day \$50 Full day \$55

We do not offer a TUES – WED – THURS schedule

Late fees apply for both half day & full day enrollments @ \$1.00 per min.

ALL tuition MUST be paid by automatic deposit from either your checking or savings account! A voided check is required.

You have the choice of the first or the tenth of the month for your withdrawal. No exceptions.

A \$125 registration fee is due annually in September and will be automatically deducted when your first month's tuition is withdrawn.

We also accept Cal Works, SB County Aid, Resource and Referral, and other tuition forms!

Enrollment

Children will be accepted for enrollment who are between the ages of 2 years and 5 years old, provided the preschool can meet the needs of the child. Your child must be fully potty trained upon enrollment. We provide options from 2 half days, through 5 full days.

Checklist

- Set up tour/ Pick up paperwork
- Make a Doctor's Appointment to complete LIC701 Physician's Report
- Bring back completed paperwork
 - Emergency 4x6 Card
 - LIC700 Identification & Emergency Information
 - LIC701 Physician's Report (**MUST BE COMPLETED BY A PHYSICIAN**)
 - LIC702 Health History – Parent Report
 - LIC627B Consent for Medical Treatment
 - Permissions Form
 - Parent Packet Acknowledgement Form
 - Field Trip Information Form
 - Tuition Agreement
 - Auto-withdrawal/ Payment Form

Building 1 Ages, 2, 3, 4

Development of the whole child; physically, socially, emotionally and cognitively

Language & Literacy:

- Learning and reciting the alphabet
- Letter recognition and association
- Identifying children's names and the letters in their names
- Emergent writing experiences
- Exploring books and how to read
- Songs, fingerplays, stories
- Circle time/group

Math/Number sense:

- Learning, reciting and recognizing numbers 1 -10
- Working with numbers
- Experiences with sorting, grouping and classifying
- Concepts of quantity, mass, weight, and measurement
- Identifying shapes; squares, circles, triangles, rectangles, and hearts
- Spatial relationships

Science/Sensory:

- Active investigation opportunities
- Exploring our natural world and who we are within in
- Understanding our environments
- Exploring with our five senses
- Ongoing observations
- Using tools to complete a task
- Understanding cause and effect
- Areas of interest include: weather, seasons, nature, living organisms, ocean, space, dinosaurs, plants/gardens, our community and world events

Chapel:

- Attend church once weekly to hear Bible stories & sing songs
- Make crafts related to Bible stories

Arts:

- Creative expression
- Working with art mediums: paint, markers, dough, glitter
- Working with art tools: glue, scissors
- Identifying and exploring color
- Imagination and creation

Dramatic Play:

- Creative expression
- Making sense of our world through play
- Communication and problem-solving opportunities
- Taking turns and building relationships
- Imagination and role play
- Interactive themed play

Motor Skills:

- Small motor: working with scissors, writing experiences, working with dough, working with connecting/interlocking manipulatives, puzzles
- Gross motor: running, walking, skipping, jumping, balancing, kicking, climbing, pushing, pulling, digging, riding bikes, scooters

Self-Help Skills:

- Bathroom success
- Health and safety practices
- Self-Care: Dressing, eating, potty and healthy/safe practices
- Emotional regulation practices

Building 2 Ages 4 & 5

Provision of an enriched learning program to help children TRANSITION to Kindergarten

Language & Literacy:

- Learning the Zoophonics alphabet Aa – Zz daily
- Emphasizing one letter weekly – identification & association
- Studying two letters monthly through crafts & projects
- Blending sounds to read CVC words (e.g. c a t, d o g, etc.)
- Learning basic sight words used in short reading sentences (the, my, etc.)
- Phonemic Awareness – rhyme, syllables, etc.
- Nursery Rhymes, recitations, songs
- Emergent writing experiences
- Reading simple sentences
- Literature based program

Math/Number Sense:

- Learning, identifying & reading numbers 1 -31
- Calendar: numerals & ordinals, months, days, seasons, weather
- Emphasizing one number weekly – showing quantity in groups of tens & ones
- Identifying 12 shapes; colors
- Concepts of quantity, mass, weight & measurement
- Time to the hour
- Spatial Relationships

Chapel:

- Attend church once weekly to hear Bible stories & sing songs
- Monthly Bible verse to memorize & recite
- Make crafts related to Bible stories

Social Studies:

Multicultural Theme

- Monthly – study one country and culture
- Celebrate the culture by cooking &/or eating ethnic food
- Read literature/books about the country
- View cultural videos/Dance to music/Sing songs
- Make crafts (hats, cultural child, flags, etc.)

Community Helpers Theme

- Monthly – study one community helper and duties
- Dramatic Play Areas inside & outside for role play
- Site visits from community helpers (e.g. Fire fighters & fire truck)
- Read books, show videos about helpers
- Make crafts related to workers (hats, vehicles, etc.)

Music:

- Sing songs, rhymes
- Play rhythm instruments
- Participate in 2 musical presentations – Christmas program & Preschool graduation

Science:

- Using the 5 senses
- Water Table – sink/float activities
- Color mixing
- Magnets
- Cooking & food preparations
- STEM activities
- Planting seeds – indoors/Planting garden – outdoors
- Experiments (e.g. Volcano)
- Shadows
- Weather observations
- Seasonal Centers & Activities – e.g. making snow
- 3 States of Water – ice, liquid, steam
- Computer

Arts & Crafts:

- Creativity: free expression & theme-based crafts
- Imagination Station for development of skills
- Use of various art mediums: paint, crayons, markers, play dough, glitter, etc.
- Paint easel & Drawing counter
- Use of art tools: paint brushes, glue, scissors, etc.

Dramatic Play:

- Block Room – building with blocks of all sizes & materials
- Housekeeping Center – Dramatic Play/Dress Up/Kitchen
- Centers, Science Closet, Large floor puzzles / Legos / Train Tables / Vehicles / Dolls / Doll Houses / Fire Station / Train Tracks / Dinosaurs / Farm & Zoo animals

Motor Skills:

Small Motor Skills

- Printing numbers, letters, names, words, etc.
- Play Dough / Sticker Art / Tracing / Lacing / Puzzles
- Scissors / Alphabet & Number cookie cutters / Stampers

Gross Motor Skills

- Playground activities & Big Field fun including: running, walking, skipping, galloping, jumping, balancing, kicking, climbing, pushing, pulling, digging
- Riding bikes & scooters / Driving little cars

PARENT REVIEWS

"We love Upward Bound. Our son is well loved and always comes home happy and confident. I've always been able to reach the director with concerns and questions or add days when we need help with childcare. The school is very organized and professional." – Aaron P.

"Both of my boys attend(ed) Upward Bound. What a great group of teachers and caring staff. My family and I have appreciated the love and nurturing support that they have given us over the years as a student and a parent. Highly recommend this school if you are looking for half day or full day options, with lots of creative scheduling options and very reasonable prices compared to others in the area. " - Echo M.

"Upward Bound is a great preschool! Our son has been attending there for two years and we've decided to forego Transitional Kindergarten so that he can stay at Upward Bounds another year. At Upward Bound each child is taught and cared for as though they are their own children/grandchildren. Knowing that our son is in good hands is priceless. Thank you to each teacher and the director, Deborah, who has poured in to our son so that he will enter kindergarten with confidence." - Rose V.

"Upward Bound has been the best choice we have ever made! My daughter just turned 4 and has been attending for over a year. They are very personable and do an excellent job teaching the children. The children are safe at all times and have tons of fun doing activities and playing. The teachers and staff are fabulous. My daughter never wants to leave, she loves it so much! If you're searching for a preschool for your child, look no further. Upward Bound is wonderful!" – Emily M.

"We LOVE Upward Bound. Staff is wonderful and caring. Deborah and the teachers are great at communicating with parents, open to new ideas and suggestions and work hard to make this a great place for your kiddo!" – Karen F.

"My son loved going to preschool at Upward Bound! He would come home singing new songs and telling me new facts he'd learned at preschool. The teachers do a great job nurturing our little ones with gentle, encouraging guidance." -Rose G.